

Entrees con't

Biryani

Your choice of chicken, beef, tofu, or vegetables, richly seasoned and served over rice

Half Pan (serves 10-12).....\$40.00

Meatloaf

Meatloaf with a middle eastern twist—mixed with bulger, herbs, and spices, and served in rectangular pieces

Half Pan (serves 10-12).....\$50.00

Chicken in Lemon Sauce

Roast chicken dressed with a rich lemon sauce

Half Pan (serves 10-12).....\$40.00

Asian Style Chicken

Pieces of bone-in chicken served in a spicy Asian-inspired sauce

Half Pan (serves 10-12).....\$40.00

Kebab and Eggplant Tray

Seasoned ground beef wrapped in roasted eggplant and served in a tomato-based sauce

Half Pan (serves 10-12).....\$40.00

Roasted Lamb

Tender roast lamb served with seasoned mixed vegetables

Full Pan (serves 10-12).....\$120.00

Desserts

Dessert Tray

A selection of homemade bars and cookies from our pastry department

12" Tray (serves 13-16).....\$37.99

16" Tray (Serves 18-24).....\$49.99

Coffee Break Tray

A selection of freshly-made muffins, scones, and sweet breads.

16" Tray (Serves 18-24).....\$45.99

French Macarons

A selection French macarons made in house by Sugar by Sarah. Flavors subject to availability—allow two weeks' notice for orders over 2 dozen.

1 dozen.....\$21.00

Looking for a different dessert?

Feel free to contact our pastry department!

217-328-1655

Beverages and Snacks

Since we are part of a grocery store, we offer a wide variety of items to enhance your catering order. Items are generally retail price, but discounts for bulk purchases may be available.

Beverages

Water, sparkling water, juice, soda, iced tea, iced coffee, and more!

Snacks

Chips, crackers, dried fruit, nuts, yogurt, produce, many gluten-free and vegan options, and more!

Ordering Information

- We require one week notice for all orders and require payment information at this time as well. We may be able to work with you on a short notice order—just ask!
- There will be a 50% down payment due upon ordering.
- For orders over \$500, we require two weeks advance notice and a 50% non-refundable down payment.
- For orders under \$500, any cancellations within 48 hours of the event may be subject to a cancellation fee, up to 50% of the order.
- Cancellations received within 24 hours of a catering event will be charged in full.

Delivery Information

- We offer catering for pickup or delivery
- We deliver to all of Urbana and Champaign
- Free delivery for all orders over \$100
- All orders under \$100 are subject to a \$10.00 delivery fee



Catering Menu

306 W Springfield Ave
Urbana, Illinois
61801
217-328-1655

Appetizers and Snacks

Hummus or Baba Ghanouj and Bread

Featuring freshly-baked plain and seeded sourdough baguettes or pita paired with hummus or baba ghanouj made in house (V)
 12" Tray (serves 8-12).....\$32.99
 16" Tray (serves 10-15).....\$54.99

Snack Attack

A selection of popular snack foods from the bulk department
 16" Tray (serves 25-30).....\$39.99

Fruit Salad

A mix of fresh fruit. Selection varies based on seasonal availability (V)
 1 pound serves 3-5 people.....\$9.99/pound

Veggie Tray

A selection of fresh vegetables. Paired with your choice of hummus or sour cream dip. Selection varies based on availability (V or VGT)
 12" Tray (serves 13-16).....\$32.99
 16" Tray (Serves 18-24).....\$45.99

Cheese and Crackers

A selection of gourmet cheeses paired with crackers. Gluten-free crackers available upon request. (VGT)
 12" Tray (serves 10-15).....\$32.99
 16" Tray (serves 25-30).....\$54.99

Dolmeh

Spiced rice wrapped in grape leaves (V, GF)
 12" Tray (serves 10-15).....\$32.99
 16" Tray (serves 25-30).....\$54.99

Falafel

Ground chickpeas mixed with herbs and spices and lightly fried. Served with spicy tomato spread or hummus (V, GF)
 12" Tray (serves 10-15).....\$32.99
 16" Tray (serves 25-30).....\$54.99

Savory Pies or Samosas

Selection of meat and vegetarian options available.
 1/2 Pan (serves 15).....\$24.99
 Full Pan (serves 30).....\$49.99

Olive Tray

A selection of olives from our olive bar (V)
 12" Tray (serves 10-15).....\$32.99
 16" Tray (serves 25-30).....\$54.99

Hummus.....\$7.99/pound

Baba Ganouj.....\$7.99/pound

Salads

8 OZ: \$3.99 16 OZ: \$6.49 32 OZ: \$10.99

Moroccan Madness Salad

Couscous, cashews, golden raisins, olive oil, and spices (V)

Cowboy Caviar

Black beans, corn, tomatoes, onions, avocados, herbs, and spices in a red wine vinaigrette (V, GF)

Spicy Bulgar

Bulgar, pasta, veggies, herbs, and spices in an oil-based dressing (VGT)

Zippy Kale

A Strawberry Fields Favorite! Kale, BBQ tofu, carrots, and onions in a veganaise-based dressing (V, GF)

Pad Thai

A Strawberry Fields Favorite! Rice noodles tossed with veggies in a spicy peanut dressing (V, GF)

Giant White Beans

Giant white beans in a tangy tomato sauce (V, GF)

Spicy Tomato Spread

A Strawberry Fields specialty! Tomatoes blended with tahini, herbs, and spices for a creamy dip or spread. Great with everything! (V, GF)

Tuna Salad

Tuna, veggies, herbs, and spices in a mayo-based dressing (GF)

Chicken Salad

Roast chicken breast, veggies, and spices in a mayo-based dressing (GF)

Northern Iraqi Spicy Eggplant

Eggplants, tomatoes, herbs, and spices in a yogurt-based dressing (GF)

Tabouli

Finely chopped parsley, cucumbers, tomatoes, bulgar, extra virgin olive oil, and spices (V)

Greek Salad

Tomatoes, cucumbers, Kalamata olives, feta cheese, parsley, extra virgin olive oil, balsamic vinegar, and spices (VGT, GF)

Jerusalem Salad

Tomatoes, cucumber, parsley, and tahini sauce (V, GF)

Spicy Bulgar

Bulgar, pasta, veggies, herbs, and spices in an oil-based dressing (V)

Cucumber Yogurt Salad

Greek yogurt with mint, cucumbers, and garlic (V, GF)

Entrees

Boxed Lunch

Select a sandwich or a salad:

1. Salad - Mixed Greens with your choice of tofu, chicken, or turkey, with salad dressing
 2. Sandwich - your choice of tuna salad, turkey salad, falafel, hummus, tofu, eggplant, or veggie
Plus: chips, bottled water, and dessert - choose from organic fruit, cookie, or cupcake
 Priced Individually.....\$9.99

Sandwich Tray

Freshly-baked plain and seeded baguettes and veggies. Select up to three different sandwiches per tray. Vegan, vegetarian, and meat options available.
 16" Tray (serves 10-15).....\$49.99

Vegetarian Deli Platter

Our homemade organic marinated tofu, assorted sliced cheeses, and veggies. Served with mayo and Dijon mustard packets. Pair with freshly-baked bread at an additional fee.
 12" Tray (serves 10-12).....\$54.99
 16" Tray (serves 15-20).....\$69.99

Meat and Cheese Deli Platter

Featuring turkey and chicken over a bed of assorted sliced cheeses and veggies. Served with mayo and Dijon mustard packets. Pair with freshly-baked bread at an additional fee.
 12" Tray (serves 10-12).....\$59.99
 16" Tray (serves 15-20).....\$79.99

Lasagna (VGT)

Half Pan (serves 10-12).....\$38.00
 Full Pan (serves 20-25).....\$70.00

Rice

Lightly herbed white rice (VGT, GF)
 Half Pan (serves 10-12).....\$20.00
 Full Pan (serves 20-25).....\$38.00

Chicken Tandoori

Traditional Indian dry rub chicken
 Half Pan (serves 10-12).....\$40.00

Chicken Curry

Pieces of bone-in chicken served in a rich coconut-based curry
 Half Pan (serves 10-12).....\$40.00